

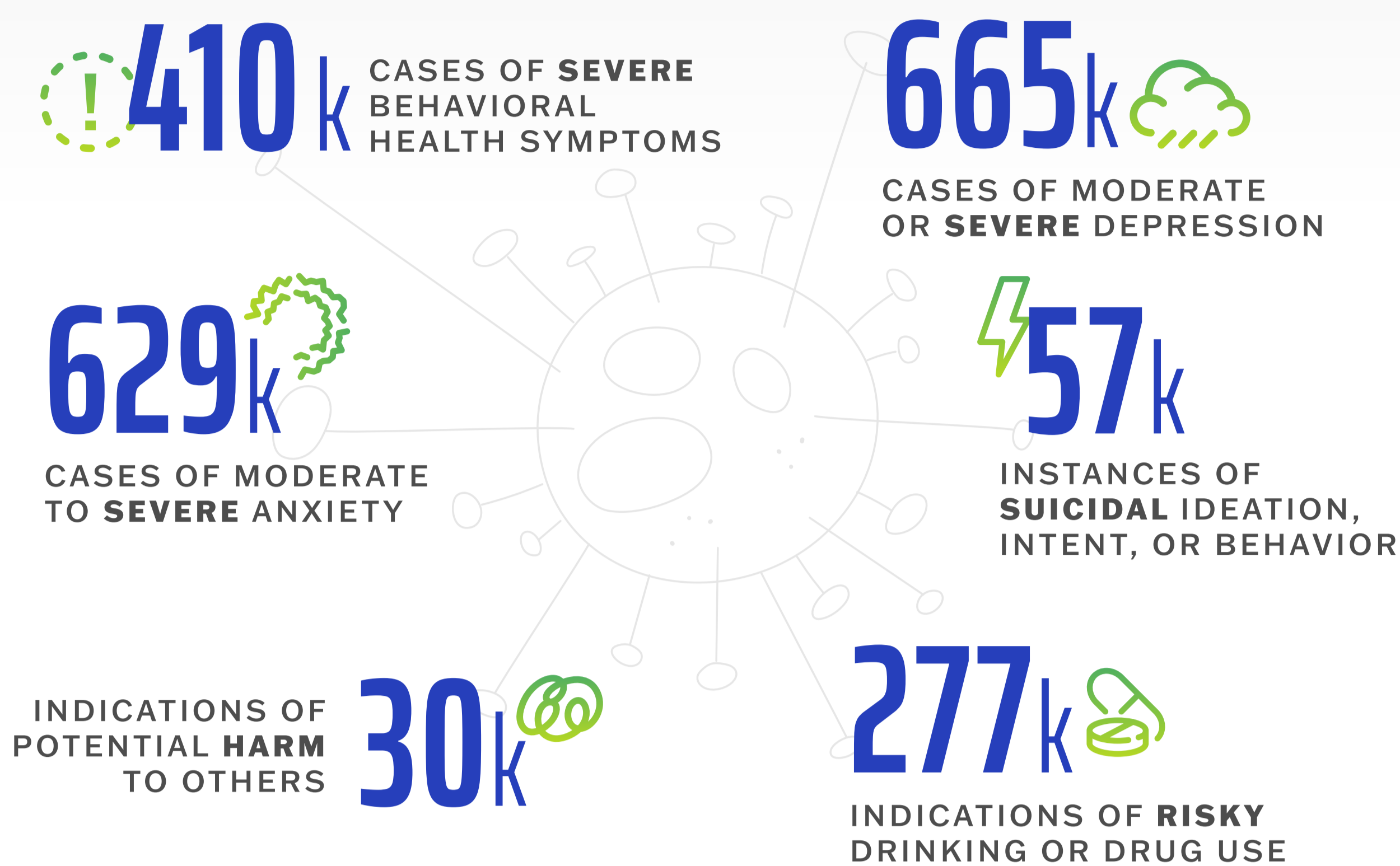
How Did COVID-19 Impact Behavioral Health?

AN INFOGRAPHIC

From fear and isolation to financial worries and future uncertainty, COVID-19 negatively affected the mental health of many people. Research is beginning to reveal just how deeply the pandemic has penetrated, underlining the need for access to behavioral health services.

With data collected through 1.9 million assessments, Tridium helped providers identify hundreds of thousands of patients with behavioral health disorders including anxiety, depression, substance use, and suicidal ideation or intent.

Provider alerts delivered by the Tridium ONE digital behavioral health platform



Tridium's findings align with additional data sources, painting a picture of behavioral health concerns and negative effects on well-being for every generation.



46% of older adults reported worry and stress related to COVID-19 had a negative impact on their mental health¹

40% of adults reported symptoms of anxiety or depressive disorder, up from just 10% prepandemic²

12% of adults reported worsening chronic conditions due to worry and stress³

92% of millennials said COVID-19 had a negative effect on their mental health⁴

31% increase in mental-health ED visits among children age 12–17⁵

38% of adolescents reported suicidal ideation or behavior⁶

69% of adolescents reported sleep problems⁶



18% of people with depression or anxiety reported increasing drug/alcohol use⁷

10–15% of people are forecasted to experience long-lasting negative impact on their well-being⁸

52% of COVID-19 patients met criteria for major depressive disorder more than four months later⁹

74% of psychologists reported seeing more patients with anxiety disorders¹⁰



Healthcare stakeholders must take a strategic approach to addressing the behavioral health needs of their member and patient populations that improves access, optimizes resources, and applies measurement-based care models that lead to better outcomes.

Discover why payers and providers choose the **Tridium ONE** digital behavioral health platform to deliver high-quality, effective care in the pandemic era.

REQUEST A DEMO

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Reimagining Behavioral Healthcare

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Sources

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